

Mortimer Hall Pre-school



Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

6.4 Nappy changing

Policy statement

1 No child is excluded from participating in our setting who may, for any reason, not yet be
2 toilet trained and who may still be wearing nappies or equivalent. We work with parents
3 towards toilet training, unless there are medical or other developmental reasons why this
4 may not be appropriate at the time.

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6 We provide nappy changing facilities and exercise good hygiene practices in order to
7 accommodate children who are not yet toilet trained.

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9 We see toilet training as a self-care skill that children have the opportunity to learn with the
10 full support and non-judgemental concern of adults.

Procedures

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- 14 ■ Our key persons arrange with parents personalised changing times for the children in
15 their care who are in nappies or 'pull-ups'; and change nappies according to this
16 schedule, or more frequently where necessary.
 - 17 ■ Our key persons keep a record of who changed a child and when, each time a nappy is
18 changed.
 - 19 ■ Where possible our key persons undertake changing children.
 - 20 ■ Our changing area is warm, with a safe area to lay children and no bright lights shining
21 down in their eyes.
 - 22 ■ Where possible, each child has their own bag to hand with their nappies or pull ups and
23 changing wipes.
 - 24 ■ Our staff put on gloves and aprons before changing starts and the areas are prepared.
25 The changing mat is cleaned after each use.
 - 26 ■ All our staff are familiar with our hygiene procedures and carry these out when changing
27 nappies.

6.4 Nappy Changing



- 28 ■ Our staff never turn their back on a child or leave them unattended whilst they
29 are on the changing mat.
- 30 ■ We are gentle when changing; we avoid pulling faces and making negative comments
31 about 'nappy contents'.
- 32 ■ We do not make inappropriate comments about children's genitals when changing their
33 nappies.
- 34 ■ In addition, we ensure that nappy changing is relaxed and a time to promote
35 independence in young children.
- 36 ■ We encourage children to take an interest in using the toilet; they may just want to sit on
37 it and talk to a friend who is also using the toilet.
- 38 ■ We encourage children to wash their hands, and have soap and use hand dryers or
39 offered paper towels. They should be allowed time for some play as they explore the
40 water and the soap.
- 41 ■ We do not use anti-bacterial hand wash liquid or soap for young children; young skin is
42 quite delicate and anti-bacterial products kill off certain good bacteria that children need
43 to develop their own natural resistance to infection.
- 44 ■ Older children access the toilet when they have the need to and are encouraged to be
45 independent.
- 46 ■ We dispose of nappies and pull ups hygienically: the nappy or pull up is bagged and put
47 in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled
48 are rinsed and bagged for parents to take home.
- 49 ■ We have a 'duty of care' towards children's personal needs. If children are left in wet or
50 soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary
51 matter.

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This policy was adopted by

Mortimer Hall Pre-school

On

29th January 2020

Date to be reviewed

January 2021

Signed on behalf of the provider

Name of signatory

Janet Crane

Role of signatory

Manager

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